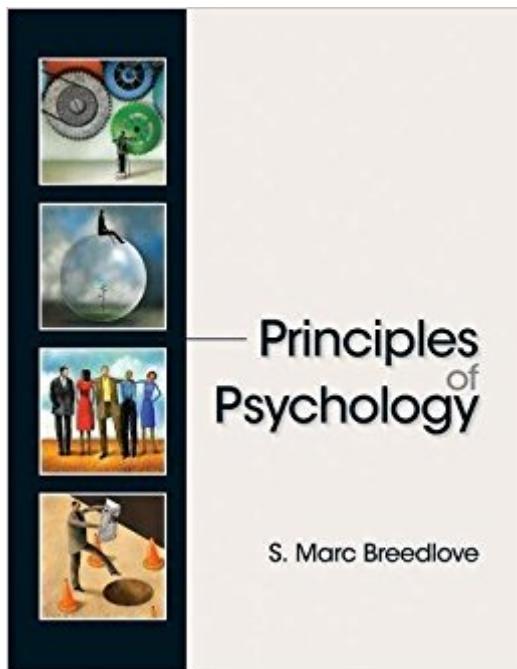


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Principles Of Psychology



Synopsis

Organized around four well-established core principles, *Principles of Psychology* provides students with a framework to understand the science of behavior. Written in a conversational style, the text is organized around the following four well-established principles that serve as touchstones for the field of psychology:--The mind is a process at work in a physical machine, the brain.--We are consciously aware of only a fraction of our mental activity.--We constantly modify our behavior, beliefs, and attitudes according to what we perceive about the people around us.--Experience physically alters the structure and function of the brain. With these four principles as a framework for the text, *Principles of Psychology* emphasizes that psychology is a science through discussion of relevant big-picture and proven concepts and cutting-edge research-based investigations that examine behavioral, psychological, and neuroscience experiments. By presenting data and facts from other scientific disciplines, as well as real-world vignettes and stories, Marc Breedlove teaches the reader how to think critically and scientifically about the underlying mechanisms of behavior.

In-Text Features

- Vignette:** Each chapter begins with a story, an instance when behavior has a big impact on someone's life. The chapter returns to the vignette several times as we cover findings that relate to that particular case.
- Researchers at Work:** In every chapter, important discoveries are explained and illustrated to highlight the process of experimentation and hypothesis testing. Over the course of the book, the progression of experiments provides an increasingly sharper picture of the factors shaping behavior.
- Skeptic at Large:** Intended to sharpen the student's critical thinking skills, these boxes explore a widespread misconception and demonstrate how scientific research disproves it. The exploration of scientific experimentation also reinforces the Researchers at Work feature.
- Psychology in Everyday Life:** These are topics where knowledge of psychology might be applicable to everyday life, such as whether people with schizophrenia are violent, the importance of "blind" auditions for musicians, how to stop smoking, or how conditioned taste aversion might cause you to stop eating sushi when you used to love it.
- The Cutting Edge:** Just prior to the end of every chapter, this feature explores an exciting report of current research. Showing students these vibrant and bold experiments will emphasize that psychology research remains alive and well.
- Think Like a Psychologist: Principles in Action:** To close each chapter, each principle is related back to the vignette to show the student that when they observe an interesting behavior they can recall and apply the four principles. If they can do this, they will indeed be thinking like a psychologist.

Book Information

Hardcover: 736 pages

Publisher: Sinauer Associates is an imprint of Oxford University Press; 1 edition (January 2, 2015)

Language: English

ISBN-10: 0199329362

ISBN-13: 978-0199329366

Product Dimensions: 11.3 x 1.2 x 9.3 inches

Shipping Weight: 4.7 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 7 customer reviews

Best Sellers Rank: #28,427 in Books (See Top 100 in Books) #50 in Books > Medical Books > Psychology > Research #51 in Books > Health, Fitness & Dieting > Psychology & Counseling > Research #54 in Books > Medical Books > Psychology > Applied Psychology

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S. Marc Breedlove is the Rosenberg Professor of Neuroscience at Michigan State University. He has written over 100 scientific articles investigating the role of hormones in shaping the developing and adult nervous system, publishing in journals that include *Science*, *Nature*, *Nature Neuroscience*, and the *Proceedings of the National Academy of Science*. Breedlove is also

passionate about teaching, both in the classroom, and in the greater community through interviews with the Washington Post, Los Angeles Times, New York Times, and Newsweek, as well as broadcast programs such as All Things Considered, Good Morning America, and Sixty Minutes. After teaching popular Hormones and Behavior and Biological Psychology courses during his 20 years at Berkeley, Breedlove co-authored textbooks on each subject that are still in print today. Having taught Introductory Psychology at Berkeley and at Michigan State University since 2001, he began working on a text that emphasizes a research perspective and overarching concepts while maintaining a reader-friendly writing style. Breedlove is a Fellow of the American Association for the Advancement of Science and the Association for Psychological Science.

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